Treatment *menu*

SUSANNE KAUFMANN SPA

PRIMARD



SUSANNE
KAUFMANN

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BEAUTY IN BALANCE

Rooted in the purity of the Austrian Alps and a spa heritage centered on holistic wellness, Susanne Kaufmann represents a refuge from the stressors of modern life. Inspired by the restorative benefits of an active Alpine lifestyle and the resilience of the region's botanicals, Susanne harnesses nature's intelligence to craft efficient, sensorial rituals for skin, body, and mind.

Developed meticulously from scratch and rigorously evaluated by professional spa therapists in our flagship Spa in Austria, these nature-led solutions restore equilibrium, repair and replenish the skin, and amplify overall resilience against the stresses of time, climate and lifestyle.

Facial treatments

SIGNATURE FACIAL

A complete treatment combining regenerative techniques with sculpting massages of the face, neck and shoulders. It promotes relaxation, lymphatic circulation and reveals the skin's natural radiance for a smooth, luminous and regenerated complexion.

Add-on: enhance your treatment with ultrasound technology: deep penetration of active ingredients, maximum hydration, and natural collagen stimulation for firmer, smoother, and more radiant skin. (+20€)

60 MIN - 170€ | 90 MIN - 210€

GLOW FACIAL

A radiance-enhancing treatment for tired, dull, or dehydrated skin. This facial helps counteract the visible effects of stress and pollution while restoring hydration and refining skin texture. Result: skin appears smooth, refreshed, and radiant.

60 MIN - 140€

SCULPTING FACIAL

Exclusively at Domaine and Hotel Post Susanne Kaufmann

A lifting and revitalizing treatment designed to redefine facial contours and restore radiance. It combines an opening ritual, deep cleansing, and massage techniques inspired by Kobido, enhanced with a scalp massage and, when needed, targeted techniques. Result: skin appears firmer, smoother, and visibly rejuvenated.

90 MIN - 210€

Each facial treatment includes a skin diagnosis and a personalized beauty prescription.



Facial treatments

BARRIER REPAIR FACIAL

A comforting and strengthening treatment for sensitive or compromised skin.This facial helps calm discomfort, reinforce the skin barrier, and support the skin's natural defense mechanisms. A relaxing massage of the face and neck enhances circulation and relaxation. Result: skin feels soothed, stronger, softer, and visibly healthier.

60 MIN - 140€

DETOX FACIAL

A purifying treatment designed to restore skin balance and clarity. The experience begins with a grounding foot bath and opening ritual, followed by deep cleansing to refine skin texture and gently purify.Result: skin appears clear, refreshed, and naturally radiant.

Add-on: enhance your treatment with ultrasound technology, which deeply cleanses the skin, unclogs pores and regulates excess sebum for a clearer complexion. (+20€)

60 MIN - 140€

EXPRESS FACIAL

The Express Facial combines our signature double cleansing ritual with a gentle express exfoliation to refresh and refine. A soothing scalp massage releases tension and restores balance, followed by a customised finishing routine to hydrate, protect, and revitalise. A fast, effective treatment for instant results.

30 MIN - 80€



Body massages

RELAXING FULL-BODY MASSAGE

A relaxing body ritual using warm aromatic oils, designed to ease tension, calm the mind, and provide a deep and long-lasting sense of well-being.

60 MIN - 140€

SUSANNE KAUFMANN SIGNATURE BOBY MASSAGE

A signature body massage inspired by the heritage of the Alpine spa. Deeply relaxing techniques release tension, stimulate circulation, and restore the body's balance. Result: a sense of grounding, renewed energy, and profound relaxation.

60 MIN - 140€

TARGETED RELAXING MASSAGE

Back - Neck - Shoulders - Scalp

A targeted massage for the back, shoulders, and scalp, using holistic techniques to ease tension and promote deep relaxation.

60 MIN - 140€

Body massages

TENSION-RELEASE MASSAGE

A deep massage combining deep tissue techniques and targeted stretches to release muscular tension, improve mobility, and support recovery. Ideal for relieving aches and muscle soreness.

60 MIN - 160€

ACTIVE RECOVERY BODY MASSAGE

A targeted recovery treatment designed to restore the body after physical exertion, easing fatigue, supporting circulation, and promoting renewed energy.

60 MIN - 160€

PREGNANCY CARE RITUAL

A nurturing treatment pregnancy ritual combining a calming foot bath and gentle massage to ease tension, support circulation, and bring comfort and balance.
This treatment can be performed from the fourth month of pregnancy.

60 MIN - 140€



Treatments rituals

SIGNATURE BODY RITUAL

A complete holistic body ritual combining revitalising exfoliation and relaxing body massage to release tension, encourage circulation, and restore vitality.

Warm foot bath
Exfoliating body scrub
Deep relaxing full-body massage

120 MIN - 250€

ESSENTIAL WELLNESS RITUAL

A complete sensory journey for soft, revitalised skin.

Express discovery facial
Relaxing body massage
One LED mask session
One collagen drink or herbal infusion

90 MIN - 240€



Add-on treatments

RELAX & GLOW

Enhance your facial with a Nooãnce LED mask, a cutting-edge technology designed to boost your skin's radiance. This holistic experience revitalises the skin, enhances luminosity, and maximises the benefits of your facial. Skin appears smoother, brighter, and visibly renewed from the first session.

LEDS MASK SESSION 10 MIN - 20€

LEDS MASK SESSION 10 MIN
& COLLAGEN DRINK BY APNÉE - 35€

CURE 5 LEDS MASK SESSIONS 10 MIN
& COLLAGEN DRINK BY APNÉE - 150€

BODY SCRUB

A refining body exfoliation that smooths, refreshes, and restores radiance, leaving skin soft, supple, and revitalised.

30 MIN - 75€

Day Pass

À L'EURE D'ÉTÉ

Lunch at Bistrot Martin (starter, main course, dessert – beverages not included)
Relaxation time by the swimming pool
Access to the gardens, tennis and padel courts
Available exclusively from May to September, subject to availability

120€ / PERS

OPTIONAL EXTRAS

Spa access
Glow Facial Treatment or Relaxing Body Massage – 60 min

130€ / PERS

Chef's afternoon tea

25€ / PERS

Day Pass

RELAX & LUNCH

Glow facial treatment or relaxing body massage – 60 min
Spa access – 45 min
Bicycle use within the estate
Lunch at Bistrot Martin (starter, main course, dessert – beverages not included)

185€ / PERS

BRUNCH & RELAX

Brunch
Spa access – 45 min
Glow Facial Treatment or Relaxing Body Massage – 60 min

200€ / PERS

SLOW AFTERNOON

Spa access – 45 min
Glow Facial Treatment or Relaxing Body Massage – 60 min
Chef's Afternoon Tea

160€ / PERS





General informations

OPENING HOURS

The Susanne Kaufmann Spa welcomes you year-round;
opening days vary depending on the season.

HIGH SEASON

April - October (Monday to Sunday)

Treatments by appointment: 10am – 7pm

Spa access for hotel guests (sauna, Japanese baths, hammam): 10am – 7pm
By reservation – 45-minute time slot – maximum 4 guests – swimwear required

LOW SEASON

November - March (Thursday to Sunday)

Treatments by appointment:
10am – 7pm (Thursday to Saturday)
10am – 5pm (Sunday)

Spa access for hotel guests (sauna, Japanese baths, hammam): 10am – 7pm
By reservation – 45-minute time slot – maximum 4 guests – swimwear required



General informations

ARRIVAL AT THE SPA

We kindly ask you to arrive at the spa reception 10 minutes before the start of your treatment. The spa is accessible to guests with reduced mobility. A towel, a bathrobe, and slippers will be provided.
Time of treatment corresponds to the mentioned time. Installation time in the cabin is excluded. If you are late, the time of your treatment will be reduced of your delay time.

CANCELLATION POLICY

Cancellation made more than 24 hours before will be free of charge. If you cancel under 12 hours or you don't show up for the appointment, full service will be charged (except if you submit supporting documentation).

HEALTH

Please inform us when you are booking of any health problem and any allergy or injuries likely to have an impact on your service. You will be asked to fill out a health questionnaire on arrival.

RULES

Spa is for adults only aged of more than 18 for safety, responsibility and insurance reasons. The institution cannot be held responsible for any loss or damage of your personal belongings. Please keep your valuable objects in provided lockers.
Alcohol and tobacco consumption is strictly prohibited within the spa. To enjoy access to the spa, please take your bathing suit. Nevertheless, some bathing suits are offered for sale on site. Spa Susanne Kaufmann is a place dedicated to relaxation: in order to respect privacy and tranquility of our customers, calls are forbidden inside the spa, mute mode is allowed. Treatments made in the Spa Susanne Kaufmann are not therapeutic, medical and without sexual association. These treatments are only beauty and relaxing cares. Practitioners are fully qualified.



PRIMARD

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